

[Type here]

SYLLABUS

Session: 2026–27

Class: XI

Subject: Psychology (037)

Recommended: NCERT Psychology (Class XI)

Month	Topic / Unit	Pedagogical tools used and suggested activities	E-Content	Learning Outcomes
April	Ch-1 What is Psychology ?	Lecture method, discussion method, NCERT text, PPT presentation, case examples Class discussion on behaviour, Survey method activity, Short research design practice	https://ncert.nic.in/textbook/pdf/kepy101.pdf https://www.youtube.com/watch?v=LCZgoHET9uI	The students will be able to:- Understand the nature, scope, and goals of psychology as a scientific discipline. • Differentiate between major perspectives and approach's in psychology. • Recognize how to apply the psychology in every day life and professional fields.
May	Ch-2 Methods of Enquiry In Psychology	Interactive lecture, life-span chart, real life examples, NCERT Prepare developmental timeline, Group discussion on adolescence issues	https://www.scribd.com/document/750136335/NCERT-class-11-psychology-chapter-2 https://www.youtube.com/watch?v=LCZgoHET9uI	All the students will know about how to: • Identify and evaluate various methods used in psychology (experimental, observational, survey, etc.). • Enhance the importance of objectivity, validity, and reliability in psychological research. • Develop skills to design simple research studies and interpret data. • Recognize the ethical considerations in the conduction of any psychological research.

[Type here]

[illegible]

[Type here]

	& Perceptual Processes	videos, NCERT activities Optical illusion activity; simple learning experiment .	content/uploads/2022/05/psychology-chapter-5-6be51a24.pdf	• Analyse how attention and perception influence behaviour and performance in professional settings. • Evaluate causes of perceptual errors and suggest ways to improve accuracy and attention. • Develop practical strategies to enhance focus, observation, and sensory efficiency.
August	Ch-5 Learning Ch-6 Human Memory Practical-1	Demonstration method, experiments, videos, NCERT activities Illustrations method, memory experiments, practical file work Conduct memory retention	https://ncert.nic.in/textbook/pdf/kepy101.pdf https://www.vedantu.com/ncert-books/ncert-books-class-11-psychology https://www.youtube.com/watch?v=LCZgoHET9ul	• Apply learning theories. • Analyse the factors of affecting learning and behaviour, (reinforcement and motivation). • Evaluate different learning methods and behaviour modification techniques. • Apply the concepts of encoding, storage, and retrieval to improve memory performance in academic and professional settings. • Illustrate the factors of affecting the memory (e.g., forgetting, interference) and suggest strategies for effective retention. • Evaluate the different memory models (sensory, short-term, long-term) in understanding human behaviour. • Design practical techniques (mnemonics, rehearsal, organization) to enhance learning and memory efficiency.

[Type here]

September	Term -1 Examination	Revision sessions, sample papers Practice question papers		Students will be able to demonstrate the conceptual clarity in examination.
October	Chapter -7 Thinking	Discussion method, role play, case study Emotional expression activity; intelligence test activity	https://www.learncbse.in/ncert-class-11-psychology-book/	Young minds will be able to • Understand the concept and types of thinking. • Apply problem-solving and decision-making strategies. • Analyse barriers and biases affecting thinking. • Develop creative and critical thinking skills.
	Chapter -8 Motivation and emotions		https://ncert.nic.in/textbook/pdf/kepy101.pdf	The students will be able to: • Understand concepts and types of motivation and emotion. • Explain major theories of motivation and emotion. • Apply strategies for self-motivation and emotional regulation. • Analyse the role of motivation and emotion in behaviour.
November	Practical-2	Illustrations method, memory experiments, practical file work Conduct memory retention		• Design practical techniques (mnemonics, rehearsal, organization) to enhance learning and memory efficiency
	Revisions and			

[Type here]

	Evaluations	Revisions lecture, doubt clearing and Mock tests, Mind map.	https://edurev.in/courses/3255_Psychology-for-Class-11--XI--Notes--NCERT-Curriculum	Students will improve their performances through practices.
--	-------------	---	---	---