



# BHARTIYA VIDYA MANDIR

## SENIOR SECONDARY SCHOOL

<b>CEMETERY ROAD BRANCH OF ISE</b> 0161-246471 <a href="http://www.bvmusa.com">www.bvmusa.com</a> <a href="mailto:bhartiyanandini@vsnl.com">bhartiyanandini@vsnl.com</a>	<b>KITOLU NAGAR</b> 0161-2501523 <a href="http://www.bvvnk.com">www.bvvnk.com</a> <a href="mailto:bvkn@vsnl.com">bvkn@vsnl.com</a>	<b>CHANDIGARH ROAD</b> 0161-260036 <a href="http://www.bvchd.com">www.bvchd.com</a> <a href="mailto:bvchd@vsnl.com">bvchd@vsnl.com</a>	<b>DUGRI PALSE III</b> 0161-252734 <a href="http://www.bvmdg.com">www.bvmdg.com</a> <a href="mailto:bvmdg@vsnl.com">bvmdg@vsnl.com</a>
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# CURRICULUM PATHWAY

BALVATIKA-III

UKG

SESSION : 2026-2027

## BALVATIKA III (Session : 2026-2027)

### (UKG) LIST OF BOOKS

SUBJECT	NAME OF BOOK	PUBLISHER NAME
ENGLISH	Songs, The letters sing	Pansy Pan publications
HINDI	शब्द ज्ञान	सनबीम पब्लिशर्स प्राइवेट लिमिटेड
MATHS	Peek - A - Boo Math Magic	Rachna Sagar
EVS	Our Amazing World	Sunbeam publishers
ART & CRAFT	Let's Draw - C	Sumit Prakashan (R)



## BALVATIKA III, UKG, (Session:2026-27)

### AIMS AND OBJECTIVES

#### HOLISTIC DEVELOPMENT

Teachers aim to create an environment that nurtures all aspects of the child's growth.

- **PHYSICAL DEVELOPMENT** :- To focus on the growth of the body and its parts, including muscles and motor development.
- **SOCIAL AND EMOTIONAL DEVELOPMENT** :- To provide opportunities for children to interact with peers and adults in a positive environment and also to support emotional well being by providing a safe and nurturing environment, so that children can identify & express their emotions and build resilience through positive relationship.
- **COGNITIVE DEVELOPMENT** :- To stimulate cognitive development by providing age-appropriate activities that encourage curiosity, exploration and problem solving.
- **LANGUAGE DEVELOPMENT** :- To create a language rich environment where children are exposed to vocabulary, conversation and literacy activities.
- **ART & AESTHETIC DEVELOPMENT** :- Activities like drawing, painting, cutting and playing with manipulative toys will help to refine their hand-eye coordination.
- **SPIRITUAL AND CULTURAL DEVELOPMENT** :- To incorporate cultural awareness with the help of diverse stories, traditions and celebrations so that the child can understand our culture with all perspectives.
- **PARENTAL INVOLVEMENT** :- To involve parents as partners in the learning journey, teachers communicate regularly and provide updates about their children. It enhances the effectiveness of education and promotes continuity between home and school environment.



**MONTH - APRIL (SESSION 2025-2026)**  
**BALVATIKA III (U.K.G.)**  
**THEME-ALLABOUT ME**



**ENGLISH**

**LISTENING**

Sightwords  
 He, she, I, Me, It, Is,  
 To, And, By, The, in,  
 on

**SPEAKING**

- ⇒ Rhyme - I Like
- ⇒ Name of animals
- ⇒ Change the number

**READING**

Two letter words and  
 sound 'a' cvc words  
 Worksheets will be  
 Provided

**WRITING**

Small cursive a-z, Two Letter  
 words, Three letter words,  
 cvc of 'a' sound words, Make  
 two words a to e, Picture  
 recognition, Rhyming  
 words, Dictation

**HINDI**

**LISTENING**

- दो वर्णों के शब्द
- तीन वर्णों के शब्द

**SPEAKING**

- ⇒ कविता : वर्ष के मसरा
- ⇒ वाक्यसमूह : चरती
- ⇒ बचन बदलो

**READING**

दो और तीन शब्दों का पठन

**WRITING**

अ से अः, स से इः, दो वर्णों के  
 शब्द, तीन वर्णों का जोड़,  
 चित्र पहचान, चित्र मिलान,  
 श्रुतलेख

**MATHS**

**LISTENING**

Counting : 0 – 50  
 Back Counting: 20-1,  
 Introduction of  
 number names :  
 (0-2)

**SPEAKING**

Counting : 0 – 50  
 Back Counting: 20-1,  
 Drilling of  
 Number names:  
 (0 - 2)

**READING**

Recognition of number  
 and shape with its real  
 objects,  
 Ordinal numbers  
 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

**WRITING**

Counting : 0 - 50,  
 Back Counting : (20 - 1),  
 Missing numbers : 0 - 50,  
 what comes after (0-50) & before  
 (0-10), write in words and  
 figures (0-2), Shape - Circle & its  
 objects, Dictation, count & write  
 (1-10) Find the biggest No. 0-10

**EVS**

**LISTENING**

- Ch. 1 - More about Me
- Ch. 2 - My Body
- Ch. 5 - I feel
- Ch. 9 - Stay Away from strangers

Experiential  
 Learning

**ART & CRAFT**

Book Page No.  
 3, 4, 26

- \*Baisakhi Scene
- \*Protect Our Planet

**Physical & Motor  
 Development**

- Fiat Race
- 100m Jumping from  
 1&2 feet

**Talk About**

**Personal Hygiene**  
 I can take care of my body

- Hygiene
- Nutrition Exercise
- Cleanliness Habits

## My Self (I am unique)



**Favourite Food**



**Feelings & Emotions**

**My Birthday**



**My Body Parts**

**My Sense Organs**

### I Like

I like to read  
storybooks,  
I like to watch  
cartoons,  
I like to play  
with cars and  
dolls and  
I really love  
balloons,  
I like to splash  
in a pool,  
I like to ride  
a bike,  
I like to skip  
hop and jump,  
and go on long hikes.



### Change the Number

1. Hand - Hands
2. Eye - Eyes
3. Ear - Ears
4. Boy - Boys
5. Girl - Girls

## Activities & Competitions

### Activity:-

- \* Healthy Habbits Carnival
- \* Green Guardian's Day
- \* Tiny Speaker (अंग)



**Competition :-**  
Little Legends Parade

### Celebration

Harvest Harmony Fest

### Extended Activities at Home (Under the guidance of parents)

- \* Motivate children to take care of his / her own belongings.
- \* Help your child to inculcate the habit of personal hygiene .

## Spiritual Development

### ओम् का उच्चारण

प्रार्थना - हम को मन की शक्ति देना :  
हम को मन की शक्ति देना, मन विजय करे  
दूसरों की जय से पहले, खुद को जय करे!!  
भेदभाव अपने दिल से साफ कर सके,  
दोस्तों से मूल हो तो माफ़ कर सके।  
झूठ से बचे रहे, सब का दम भरे,  
दूसरों की जय से पहले खुद को जय करे।  
मुश्किलें पड़े तो हम पे इतना करम कर,  
साध दे तो धर्म का, चले तो धर्म करा  
खुद पे हीसला रहे, बंदी से न डरे,  
दूसरों की जय से पहले, खुद को जय करे।

## कविता - वर्ष के मास

चैत मास में कोयल बोली,  
वैशाखी की शान निराली।  
जेठ मास में खाते आम,  
आषाढ़ रखता वर्षा को याम।  
सावन आया पानी लाया,  
भादों ककड़ी भुट्टे लाया।  
कुंवार माह ने घूम मचाई,  
कार्तिक में दीवाली आई।  
अग्रहण में ठंड से ठिठुरते,  
पूस माह में पतंग उड़ाते।  
माघ माह में आती शिवरात्री,  
फागुन में सब खेलें होली।

## वचन बदलो

1. आँख : आँखें
2. खिलौना : खिलौने
3. किताब : किताबें
4. जूता : जूते
5. केला : केले

MONTH - MAY (SESSION 2025-2026)  
BALVATIKA III (U.K.G.)  
THEME-MYFAMILY



ENGLISH

LISTENING

Sight words  
The, was, he,  
she, they, on,  
with, his, put,  
under

SPEAKING

Rhyme - My Family  
Conversation-My Family  
Name of animals  
Change the number  
Concept of am

READING

Reading of a, i, sound words,  
cvc words, Introduction of  
comma, and Fullstop.  
Worksheets will be provided

WRITING

Capital cursive, Three letter  
words of sound 'i', Picture  
recognition, Rhyming words,  
Jumbled words, Make two  
words (to j), Name of animals,  
Concept of one many  
Concept of a/an, Dictation

HINDI

LISTENING

दो वर्णों के शब्द  
तीन वर्णों के शब्द

SPEAKING

\*कविता : मेरी माँ  
\*कहानी : पिकनिक  
\*यचन बदलो

READING

दो और तीन शब्दों के  
वाक्यों का पठन

WRITING

तीन वर्णों के शब्द, चित्रमिज़ान,  
चित्र पहचान, तीन वर्णों के  
शब्द स्थान (चित्र सहित),  
समात्मक शब्द, एक शब्द  
क्याओ (क रो ड़), कुत्तेस

MATHS

LISTENING

Counting : 0 - 60  
BackCounting:20- 1  
Introduction of  
numbrenames:0-5  
Table of 0

SPEAKING

Counting : 0 - 50  
BackCounting:20- 1  
Drilling of number  
names:0-5  
Table of 0

READING

Recognition of  
numbers and shape

WRITING

Counting : 0 - 60, Back  
Counting : 20 - 1, Missing  
numbers : 0 - 60, what comes  
after (0- 60) & before(0-20),  
write in words and figures 0-5,  
count & write (1-10), Dictation,  
Shape - Semi-circle & its  
objects, Biggest number  
(0-20), Put the sign (0-20)

EVS

LISTENING

Ch.6-My Family  
Ch.7-My Home  
Ch.8-Keeping the house clean  
Ch.13-Indoor and Outdoor games

Experiential  
Learning

ART & CRAFT

BookPageNo.  
5,6,7

Mother's Day Scene

## PHYSICAL & MOTOR DEVELOPMENT

- ताड़ आसन
- ताली आसन



## SPIRITUAL DEVELOPMENT

### गणेश मंत्र

वक्रतुण्ड महाकाया सूर्यकोटि समप्रभा  
विर्विज्जं कुरु मे देवा सर्वकार्येषु सर्वदा

## TALK ABOUT



- > Family
- > Puppet Show  
(Type of family,  
Family Values)

## ENGLISH RHYME

### MY FAMILY

This is my mother  
who helps me at play

This is my father  
who works all the day

This is my brother  
so strong and so tall

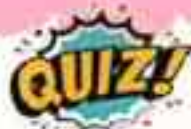
This is my sister  
who like to play ball  
and this is me.

I'm happy to say  
Together our family  
kneels down to pray.



## Activities & Competitions

1. Activity:- Creative Card Studio
2. My Roots and Wings Project
3. Little sculptors Hub



### Competition

Rainbow  
Radiance Contest

## CELEBRATIONS

Moments With Mom

## मेरी माँ

माँ घरती है, माँ ही नभ है,  
माँ में रब है, माँ ही सब है।  
माँ गंगा है, माँ घास है,  
जीवन देने वाली मेरी माँ गाव है।  
माँ की ममता में देखो कितना दम है,  
दुखिया की हर उमंग  
उसके आगे कम है।  
कामों की गठरी लादे,  
कभी उषफ न क्यूती है,  
सबको अपना प्यार बाँटती  
हर दुख को वो सहती है।  
माँ की सेवा करेंगे  
हम सुबह और शाम,  
धर बैठे ही मिल जाएंगे,  
हमको वारों घाम।

## GENDER

Boy	-	Girl
Father	-	Mother
Brother	-	Sister
Uncle	-	Aunt
Grandfather	-	Grandmother

## Extended Activities at Home

Under the Guidance of Parents

### Act of Kindness

(Feeding Birds)

Feeding birds and quenching their thirst should be taught to children as a hobby and sensitizing them to love nature.

## लिंग बदलो

माता - पिता  
भाई - बहन  
दादा - दादी  
नाना - नानी  
चाचा - चाची



**MONTH - JULY (SESSION 2025-2026)**  
**BALVATIKA III (U.K.G.)**  
**THEME-PLANTS**



**ENGLISH**

**LISTENING**

Sight words:  
 This, That  
 Have, Saw,  
 Was, Were, What

**SPEAKING**

Rhyme-Plastic Bags  
 Conversation-My  
 School, Garden  
 One and many  
 concept of is, am

**READING**

Reading of sound 'e'  
 Worksheets will be  
 provided

**WRITING**

Capital cursive, Three letter  
 words of sound 'e', Picture  
 recognition, Jumbled words,  
 Rhyming words, Make two words  
 (a-p), Give opposites, Parts of  
 body and their blanks,  
 Dictation, Concept of a/an,  
 Name of animals and their  
 blanks, Concept of is/am  
 Concept of This/That

**HINDI**

**LISTENING**

चार वर्णों के शब्द

**SPEAKING**

- कविता - पेड़
- विलोम शब्द

**READING**

चार वर्णों के शब्द  
 Worksheets for Reading  
 will be Provided

**WRITING**

चार वर्णों के शब्द, चित्र मिलान,  
 चित्र पहचान, टो शब्द बनाओ  
 (क से ह), जवाब तक शब्द,  
 सज्जिवी के नाम, दिए गए  
 वर्णों से शब्द बनाओ, कुरातेख

**MATHS**

**LISTENING**

Counting: 0 - 70  
 Back Counting: 20 - 1  
 Introduction of number  
 names: 6 and 7  
 Table of 1

**SPEAKING**

Counting: 0 - 70  
 Back Counting: 30-1  
 Drilling of words 6, 7  
 Table of 1

**READING**

Recognition of shape:  
 Rectangle

**WRITING**

Counting: 0 - 70  
 Back Counting: 30-1  
 What comes after (0-70) &  
 before (0-30), Write in words  
 and figures (0-7); Table of 0, 1,  
 Cross table 0, 1, Dictation,  
 Smallest numbers 0-20

**EVS**

**LISTENING**

Ch. 15 - Babies, Sounds & homes  
 Ch. 16 - Animals are our friends  
 Ch. 18 - Big Plants  
 Ch. 19 - Caring for plants

Experiential  
 Learning

**ART & CRAFT**

Book Pages -  
 8, 9, 10

\* Van Mahotsav scene  
 \* Save Water

## Physical & Motor Development

- Indoor PT
- Indoor Obstacle Race
- विरंक राट, गारन



## Spiritual Development

ॐ नमः भगवते  
वासुदेवाय कृष्णाय क्लेशनाशाय  
गोविन्दाय नमो नमः

## Talk About (Plants)

- हरियाली मेला
- Sapling of Plants
- Things we get from plants



## ENGLISH RHYME

### Plastic Bags

Plastic bags, plastic bags  
They are everywhere  
We throw them,  
we burn them,  
and they pollute the air.  
From rivers and oceans,  
They come ashore,  
They kill aquatic life,  
and yet we ask for  
more.....



### Activities

- Eco Warriors Drive
- Little Scientist Lab
- Water Wonders Workshop

### Competition

- Little Sculptors Hub
- Rhythm Stars Arena

## CELEBRATION

### Go Green Gala



## कविता- पेड़

पेड़ बड़े उपकारी हैं,  
होते ये सुखकारी हैं।  
पेड़ न होते धरती पर तो,  
कैसे हम जी पाते ?  
मीठे-मीठे फल रसीले,  
कैसे हम खा पाते।  
ठण्डी-ठण्डी छाँव न होती,  
वर्षा बोलो कैसे आती ?  
जीवन का आधार बनाओ,  
पौधे सींचो ओर उगाओ।  
पेड़ बड़े गुणकारी हैं,  
होते ये हितकारी हैं।



## One - Many

1. Tree - Trees
2. Fruit - Fruits
3. Seed - Seeds
4. Flower - Flowers
5. Bud - Buds



## Extended Activities at Home

Make your child familiar with different type of plants and guide them for taking care of plants by watering them.

Let's Learn and enjoy

## विलोम शब्द

दिन — रात  
बड़ा — छोटा  
अन्दर — बाहर  
अच्छा — बुरा  
ठंडा — गरम





**MONTH-AUGUST (SESSION 2026-27)**  
**BALVATIKA III (UKG)**  
**THEME- HEALTHY HABBITS**



**ENGLISH**

**LISTENING**

Sight words  
who, are,  
under, over,  
after, touch,  
went

**SPEAKING**

Rhyme - Healthy Habits  
Story - The peacock  
and the crow  
Parts of body, Opposites,  
Concept of is, am, are

**READING**

Reading of Sound  
O  
Worksheets will  
be provided

**WRITING**

Capital cursive, Three letter  
words of sound 'o' picture  
recognition of sound 'o'.  
Jumbled words and Rhyming  
words of sound 'o', Make  
two words of sounds a to o,  
Parts of body and their  
blanks, Concept of this / that.  
Means of transport and their  
blanks, Change the gender

**HINDI**

**LISTENING**

तीन वर्णों के शब्द

**SPEAKING**

कविता : हम बच्चे हैं  
छोटे- छोटे  
विलोम शब्द  
वार्तालाप- अच्छी आदतें

**READING**

Worksheet for reading  
will be provided  
चार वर्णों के वाक्य

**WRITING**

वाक्य पूरा करो ( चित्र  
सहित) , चार वर्णों के शब्द,  
दो शब्द बनाओ ( क- ह),  
पढ़ो और सही शब्द बनाओ

**MATHS**

**LISTENING**

Counting : 0 - 80  
Back Counting : 30 - 1  
Introduction of number  
names : 8 - 10

**SPEAKING**

Counting : 0 - 80  
Back Counting : 30 - 1  
Drilling of words 0-10

**READING**

Recognition of shape:  
Triangle  $\triangle$

**WRITING**

Counting 0-70,  
Back Counting 30-1, Missing  
Number 0-70, What comes after  
(0-70), Before (0-30), Write in  
words (0-10), Count & Write (1-  
15), Table of 2, Dictation (0-70),  
Concept of Addition (+) Single  
Digit

**EVS**

**LISTENING**

Ch. 3 - My Senses  
Ch. 4 - Healthy Habits  
Ch. 20 - Food we eat  
Ch. 21 - The three meals  
Ch. 22 - Good Table manners

Experiential  
Learning

**ART & CRAFT**

Book Page No. 11, 12, 13

Tri colour Scene  
Raksha Bandhan Scene

## Physical & Motor Development

- Hopscotch with shapes
- Butterfly Aasana



## ENGLISH - RHYME

### Healthy Habits

Wake up early,  
go for a run,  
Enjoy the morning  
with bright sun.  
Brush your teeth and  
wash your face,  
Your day will start with  
full of grace.  
Pray to God with  
Sister and brother,  
wish your father,  
wish your mother  
you must have a  
healthy breakfast,  
It will give you  
a good start

## OPPOSITES

Day - Night  
White - Black  
Big - Small  
Tall - Short  
Happy - Sad

## Spiritual Development

तुम्ही हो माता पिता

तुम्ही हो माता पिता तुम्ही हो  
तुम्ही हो बंधु सखा तुम्ही हो।  
तुम्ही हो साथी तुम्ही सहारे,  
कोई न अपना सिवा  
तुम्हारे तुम्ही हो मैया तुम्ही खैवेहया  
तुम्ही हो बंधु सखा तुम्ही हो  
जो खिल सके न वो फूल हम है  
तुम्हारे चरणों की धूल हम है  
दया की दृष्टि सदा रखना  
तुम्ही हो बंधु सखा तुम्ही हो।

### Activities

Sacred thread studio

- Tri Colour creation
- Shape Hunt
- **Celebration**

Young patriot fest

### Competition

- Healthy bites talk show
- Intra Class – Melody makes circle



### Extended Activities at Home

- Tell children about the value of healthy food.
- Make your ward aware about nutritious diet.

Let's Learn and enjoy

## Talk About (Healthy Habits)

- Be Active
- Limit Screen Use
- Eat lots of veggies and fruits
- Yes to water
- No to soda
- Do daily Exercise
- Say no to junk food

## कविता

### हम बच्चे हैं छोटे-छोटे

आसमान का चाँद ही ने,  
थाली बीच उतारा है।  
आसमान का सतरंगा वह,  
बाँका धनुष हमारा है।  
भरत रूप में हमने ही तो,  
दाँत गिने थे शेरों के।  
और राम बन दाँत किए थे,  
खट्टे असुर लुटेरों के।  
कृष्ण कन्हैया बन कर हमने  
नाग नथा था खड़े-खड़े।  
इस झण्डे की खातिर हमने,  
कष्ट सहे थे कड़े-कड़े।  
परेड गणतन्त्र दिवस की,  
हम बच्चों से सजती है।  
वीर बालकों की झाँकी पर,  
खूब तालियाँ बजती है।  
पाते है सबका आशीष  
हाथी पर हम चढ़े-चढ़े।  
हम बच्चे है छोटे-छोटे,  
काम हमारे बड़े-बड़े।

### विलोम शब्द

- \* ऊपर - नीचे
- \* आगे - पीछे
- \* सुबह - शाम
- \* सही - गलत
- \* आज - कल



**MONTH-SEPTEMBER (SESSION 2026-27)**  
**BALVATIKA III (UKG)**  
**THEME- PEOPLE WHO HELP US**



**ENGLISH**

**LISTENING**

Sight words  
How, Why,  
gave, took,

**SPEAKING**

Rhyme - Our Helpers  
Conversation -  
My Teacher  
Name of our Helper

**READING**

Introduction of 'u' sound  
Worksheet will be  
provided  
Picture composition

**WRITING**

Sound "u" cvc words, Three  
letter words of sound (u),  
Jumbled words, Rhyming  
words, Dictation, Fruits  
name and blanks, Colours  
name with blanks, Myself,  
opposites, Concept of is,  
am, Introduction of are

**HINDI**

**LISTENING**

आ की मात्रा के शब्द

**SPEAKING**

कविता: स्वच्छता  
लिंग बदलो  
सब्जियों के नाम

**READING**

मात्रा चिन्ह  
आ - T  
Worksheet for reading  
will be provided

**WRITING**

आ की मात्रा, चित्र पहचान, अलग शब्द  
पर गोला लगाओ, दिए गए वर्णों से शब्द  
बनाओ, पढ़ो और सही शब्द बनाओ,  
श्रुतलेख, सब्जियों के नाम, अंगों के नाम  
लयात्मक शब्द

**MATHS**

**LISTENING**

Counting : 0 - 80  
Back Counting : 30 - 1  
Number names : 0 - 10  
Table of 0, 1, 2

**SPEAKING**

Counting : 0 - 80  
Back Counting : 30 - 1  
Drilling of words 0-10  
Table of 0, 1, 2

**READING**

Recognition of shape :  
Circle, Semi Circle,  
Rectangle, Triangle

**WRITING**

Write in words (0-10)  
Money, Put Sign (0-  
30) Sums of Addition  
(Double digit)  
Increasing order (0-  
30)

**EVS**

**LISTENING**

Ch. 10 - My School  
Ch. 11 - Good manners in school  
Ch. 14 - People and places around us  
Ch. 32 - Places of worship

Experiential  
Learning

**ART & CRAFT**

Book Page No. 14, 15

Teacher's Day Scene  
Ganesh Chaturthi Scene

### Physical & Motor Development

- Aerobic Session
- Jumping with obstacles

### Spiritual Development

कर्मण्यवाधिकारस्ते  
मा फलेषु कदाचन।  
मा कर्मफलहेतुर्भूर्मा ते  
संगोस्त्वकर्मणि।

### Talk About

Community Helpers  
Role Play

### ENGLISH - RHYME

#### Our Helpers



Doctor Doctor  
please check me  
I want to be fit and healthy  
Barber Barber  
snip snip snip  
Need a haircut  
quick quick quick  
Tailor Tailor  
Stitch me a dress  
Use your needle,  
use your thread  
Sweeper Sweeper  
clean clean clean  
Pick up the garbage and  
put it in the bin.  
Driver Driver Drive carefully  
Follow the rules of road safety

#### Name of our Helpers

- Doctor
- Policeman
- Tailor
- Postman
- Teacher
- Barber
- Cobbler
- Nurse
- 

#### Activities Melody Craft Magic

#### Competition

Imagination on Canvas  
Brain Booster Challenge

#### Celebration

Little Krishna Utsav



कविता  
स्वच्छता  
साफ - सफाई की आदत डालो।  
अपना भारत स्वच्छ बना लो।  
कूड़ा कूड़ेदान में डालो।  
अच्छी आदत को अपना लो।  
साफ सफाई को अपनाओ।  
सुंदर अपना शहर बनाओ।  
बापू- मोदी का यह सपना।  
स्वच्छ सुंदर हो भारत अपना।



#### लिंग बदलो

बेटा - बेटी  
राजा - रानी  
लड़का - लड़की  
मामा - मामी  
पुत्र - पुत्री  
देव - देवी

#### Extended Activities at Home Under the Guidance of Parents

- Gratitude & respect towards all  
the people who help us.

Let's Learn and enjoy

**MONTH-OCTOBER (SESSION 2026-27)**  
**BALVATIKA III (UKG)**  
**THEME- FESTIVALS**



**ENGLISH**

**LISTENING**

give, near, push, took,  
said

**SPEAKING**

Rhyme - Colours  
Name of Festivals &  
Name of colours  
Opposites

**READING**

Name of Colours  
Myself

**WRITING**

Three letter words of sound (e)  
Picture Recognition & jumbled  
words of sound 'e'. Dictation of  
sound (a, e, i, o, u), Name of  
colours and their blanks, Change  
the Gender, Days of the week,  
Make two words (a to z), Picture  
Composition, Myself

**HINDI**

**LISTENING**

आ एवं इ की मात्रा के  
शब्द

**SPEAKING**

कविता: त्यौहार  
वार्तालाप: त्यौहार  
वचन बदलो  
सब्जियों के नाम

**READING**

Reading of  
आ एवं इ की मात्रा के  
शब्द

**WRITING**

इ की मात्रा के शब्द  
चित्र पहचान, दो शब्द  
बनाओ (का - हा)  
वाक्य पूरा करो, चित्र  
बनाओ, लयात्मक शब्द

**MATHS**

**LISTENING**

Counting : 0 - 99  
Back Counting : 40 - 1  
Number names : 0 - 15  
Table of 0, 1, 2

**SPEAKING**

Counting: 0 - 99  
Back Counting : 40 - 1  
Drilling of words 0-15  
Table of 0, 1, 2

**READING**

Recognition of shape :  
Square(□)

**WRITING**

Counting - (0-99) Back  
Counting - 40-1, Missing  
Numbers - (0-99) What comes  
after(0-70) and before(0-50),  
Write in words (0-15) Put sign  
(0-70), Increasing order  
(0-50), Skip Counting by  
2's, Shape Square

**EVS**

**LISTENING**

Ch. 12 - Use magic words  
Ch. 33 - Festivals of India  
Ch. 34 - Our Country  
Ch. 35 - National Festivals  
of India

Experiential  
Learning

**ART & CRAFT**

Book Page No. 16, 17,  
18, 19, 25

Sketch on Gandhi ji

## Physical & Motor Development

- Frog Race
- Brain Gym

## ENGLISH - RHYME

### Colours

Red is an apple,  
Red is a cherry,  
Red is the colours of  
ripe strawberry  
Yellow is the lemon,  
yellow is the wing,  
Yellow is the colour of  
flowers in spring  
Green is the tree,  
green is the parrot,  
Green is the colour of  
leaves of the carrot  
Blue is the ocean,  
blue is my eyes,  
Blue is the colours of  
a summer sky.



## OPPOSITES

1. Up Down
2. Open Close
3. Hot Cold
4. Dry Wet
5. Come Go

## Spiritual Development

ਮੂਲ ਮੰਤਰ

ੴ

ਸਤਿਨਾਮੁ ਕਰਤਾ ਪੁਰਖੁ

ਨਿਰਭਉ ਨਿਰਵੈਰੁ

ਅਕਾਲ ਮੂਰਤਿ ਅਜੂਨੀ

ਸੈਭੰ ਗੁਰਪ੍ਰਸਾਦਿ ॥

॥ ਜਪੁ ॥

ਆਦਿ ਸਚੁ ਜੁਗਾਦਿ ਸਚੁ ॥

ਚੈ ਭੀ ਸਚੁ ਨਾਨਕ ਹੋਸੀ ॥

ਭੀ ਸਚੁ ॥

### Activities

Festival fusion art  
Creative corner

### Competitions

Colour Splash Showcase

### Celebration

Sharing and  
Caring fest

### Name of Festivals

Independence Day  
Republic Day  
Gandhi Jayanti  
Dussehra, Diwali, Holi  
Raksha Bandhan,  
Eid, Gurpurab,  
Christmas

### Extended Activities at Home

- The children will accompany parents to pick festive clothes and festive decoration material (lights, diyas etc)
- Involve children while making sweet and savories, cleaning and decorating the houses, packing gifts etc.
- celebrate festival by visiting and greeting friends

## Talk About

### Different Festivals of India

Name the national festivals  
Whose birthday is celebrated on children's day ?

Which festival marks the victory of good over evil ?

## कविता

### त्यौहार

त्यौहारों का देश हमारा,  
हमको इनसे प्यार है।  
बड़े हुए इन त्यौहारों में,  
मिलीं खुशियां अपार हैं।  
आता है हर वर्ष दशहरा,  
होते खेल तमाशे हैं।  
दिवाली पर दीपक और  
फुलझड़ियां खेल बताशे हैं।  
भाईचारे का संदेश ले,  
ईद मुबारक गाते हैं।  
मीठी खीर और सेवियां,  
सबके मन को भाती है।  
होली पर सब मिलकर  
रंग गुलाल लगाते हैं।  
ठंडाई और मिठाई सबके  
मन को ललचाती हैं।  
त्यौहारों का देश हमारा,  
हमको इनसे प्यार है।

## वचन बदलो

दीया - दीये  
फुलझड़ी - फुलझड़ियाँ  
मिठाई - मिठाईयाँ  
पटाखा - पटाखे





MONTH - NOVEMBER (SESSION 2026-2027)  
BALVATIKA III (U.K.G.)  
**THEME - SEASONS**



**ENGLISH**

**LISTENING**

Sight words,  
when, some,  
add

**SPEAKING**

- Rhymes - Week days
- Conversation on seasons
- Gender

**READING**

sound  
ch, th, th, oo,

**WRITING**

Sh, Ch, th, oo Picture  
Recognition, Dictation,  
Myself, Concept of  
In/on/under, Make two  
words (sh, ch, th),  
Comprehension,  
Concept of These, Those

**HINDI**

**LISTENING**

ई की मात्रा के शब्द

**SPEAKING**

कविता - अखबार  
विलोम शब्द  
कहानी - गिलहरी का  
योगदान

**READING**

मात्रा चिन्ह के शब्दों का  
पठन  
इ - ि  
ई - ी

**WRITING**

ई की मात्रा के शब्द, चित्र  
पहचान उचित मात्रा  
लगाओ, वाक्य पूरा करो  
(चित्र सहित, चित्र  
रहित), श्रुतलेख, गद्यांश,  
फलों के नाम, लयात्मक  
शब्द

**MATHS**

**LISTENING**

Counting 0-99,  
Back counting :50-  
1, Number  
names:0-20, Table  
of 0,1,2,3

**SPEAKING**

counting 0-99,  
Back Counting 50-1,  
Number names:0-  
20, Table of 0,1,2,3

**READING**

Recognition of shape :  
Oval (○)  
Number Names

**WRITING**

Counting 0-99, Back  
Counting 50-1, what  
comes after (0-99), what  
comes before (0-50), write  
in words (0-20), Count  
and write (0-20), Put  
sign (0-99), Subtraction  
(single digit), Skip  
Counting by 5's, Missing  
no (0-99)

**EVS**

**LISTENING**

Ch. 13 - Safe living  
Ch. 30 - Day & Light  
Ch. 31 - Changing Weather  
Ch. 32 - Many Seasons

Experiential Learning

**ART & CRAFT**

Book Page No.  
20, 21, 22, 23

Children's Day  
Scene

\*\* Festivals of lights

## Physical & Motor Development

- Choose and pick
- race
- Blow the Balloons



## Spiritual Development

हे प्रभु! आनंददाता ज्ञान हमको दीजिए....  
हे प्रभु! आनंददाता ज्ञान हमको दीजिए....  
शीघ्र सारे दुर्गुणों को दूर हमसे कीजिए।  
हे प्रभु! आनंददाता ज्ञान हमको दीजिए....  
लीजिए हमको शरण में हम सदाचारी बनें।  
ब्रह्मचारी धर्मरक्षक वीरव्रतधारी बनें।  
हे प्रभु! आनंददाता ज्ञान हमको दीजिए....  
निंदा किसी की हम किसी से भूलकर भी न करें।  
ईर्ष्या कभी भी हम किसी से भूलकर भी न करें।  
हे प्रभु! आनंददाता ज्ञान हमको दीजिए....

## Talk About

- Name the different seasons.
- Which type of clothes do we wear in summer / winter season?
- What do we use to protect ourselves from rain?
- In which season do the flowers bloom and new leaves begin to grow on trees?

## ENGLISH - RHYME

### Week Days

Monday, Tuesday  
We are off to school everyday  
Wednesday, Thursday  
We love every single day  
Friday Saturday  
We pray for a good day  
Then comes Sunday  
Which is a holiday  
On this day  
we like to run and play

## DAYS OF THE WEEK

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

## Activities & Competitions

- Little Rangoli Stars
- Glow and Glow Art
- Little Master Chef's
- # young youth arena competition
- # divine voices recital competition

## Celebration

- \* Festival of Sparkling smiles
- \* Children's Day

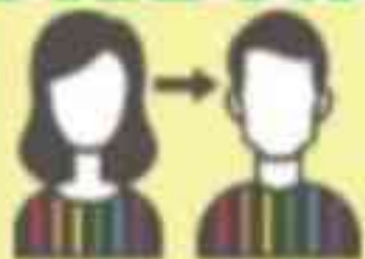
## कविता

### अखबार

ढेरों खबरें लाता यार।  
रोज़ सुबह आता अखबार।  
शिक्षा देता, ज्ञान बढ़ाता।  
नई-नई खबरें है लाता।  
ज्ञान प्रकाश का है भंडार।  
रोज़ सुबह पढ़ लो अखबार।  
रद्दी बनकर यह बिक जाए।  
अपने दाम वापिस दे जाए।  
बुद्धिजीवी का साथ यार।  
बेशकीमती है अखबार।



## OPPOSITES



Up - Down  
Open - Close  
Hot - Cold  
Dry - Wet  
Come - Go

## Extended Activities at Home

- Visit to the local green grocer to see the seasonal fruits and vegetables.
- Involve your child in identifying a few summer / winter clothes that could be given away to the needy.

## विलोम बदलो

सर्दी- गरमी  
नया-पुराना  
सुख-दुख  
कम-ज्यादा





MONTH - DECEMBER (SESSION 2026-2027)  
BALVATIKA III (U.K.G.)



**THEME - ANIMALS AND BIRDS**

**ENGLISH**

**LISTENING**

Sight words  
tree, bird, play, life,  
card

**SPEAKING**

- Rhymes - Zoo
- Conversation (Topic Cow)
- Opposites

**READING**

Long sound of a  
,ee,ll,wh

**WRITING**

ee,ll,wh Picture  
Recognition, Long  
sound of a , Dictation,  
comprehension,  
make two words,  
sh,ch,th,wh, Do as  
directed

**HINDI**

**LISTENING**

ई की मात्रा के शब्द

**SPEAKING**

कविता - उपयोगी  
बिजली  
वचन बदलो

**READING**

मात्रा चिन्ह के शब्दों  
का पठन  
म- ि  
श- ि  
- ि

**WRITING**

इ, ई की मात्रा के वाक्य  
पूरा करो (चित्र सहित  
और चित्र रहित), अलग  
शब्द पर गोला लगाओ,  
श्रुतलेख सृष्टियों के  
नाम, रंगों के नाम,  
गद्यांश

**MATHS**

**LISTENING**

Counting 1-99, Back  
Counting: 50-1, Number  
names: 0-20, Table of  
0,1,2,3, Months of the  
year

**SPEAKING**

Counting 1-99, Back  
Counting: 50-1, Drilling  
of Number names: 0-  
20, Table of  
0,1,2,3, Months of the  
year

**READING**

Recognition of shape :  
Circle, Semi Circle,  
Triangle, Square,  
Rectangle, Oval

**WRITING**

Counting-1-99, back  
counting 50-1, missing  
numbers 0-99, what comes  
after 0-99, what comes  
before 0-50, write in words  
0-20, dictation, Revision of  
tables and cross tables,  
sums of subtraction, double  
digit, Money, Concept of  
more than, less than

**EVS**

**LISTENING**

- |                           |                              |
|---------------------------|------------------------------|
| Ch. 18 - Domestic Animals | Ch. 23 - Baby Animals        |
| Ch. 19 - Wild Animals     | Ch. 24 - Shelter For Animals |
| Ch. 20 - Water Animals    |                              |
| Ch. 21 - Pretty Birds     |                              |
| Ch. 22 - Tiny Insects     |                              |
- Experiential Learning**

**ART & CRAFT**

Book Page No.  
24, 26, 27

Save Energy



## Physical & Motor Development

- \* Relay Race
- \* Backward Walking
- \* Balance Race

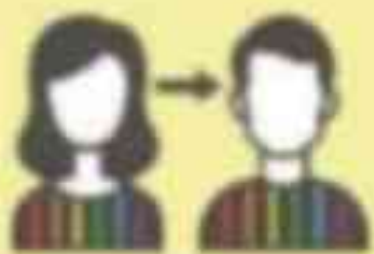
## ENGLISH - RHYME

### ZOO

I went to the zoo,  
to see a kangaroo.  
The lions in their cage,  
were roaring in rage.  
The little baby bear,  
was dancing every where.  
The giraffe oh ! so tall,  
made me feel very small  
If you visit the zoo,  
you'll have fun too.



## OPPOSITES



1. Thick - Thin
2. In - Out
3. White - Black
4. Open - Close

## Spiritual Development

### \*महामृत्युंजय मंत्र\*

ॐ त्रयम्बकं यजामहे  
सुगन्धिं पुष्टिवर्धनम्।  
उव रुक्मिव  
बन्धनान्मृत्योमुक्षीय मामृतात्।।



## Activities

# Season's explorer  
fest

## Celebrations

# Bal Diwas

## Competition

# Smart Speller League  
# मंत्र उच्चारण



## Extended Activities at Home

- \* A visit to the zoo.
- \* Sensitize the children to the correct handling of pets and animals.
- \* Talk to the children about how animals help humans.

## Talk About

- 1.Name different types of animals.
- 2.Name some pet animals.
- 3.Name some domestic animals.
- 4.Name some birds.
- 5.Name some birds that cannot fly.

## कविता

### उपयोगी बिजली

आओ सुनाऊँ एक  
कहानी।  
बिजली का आधार है  
पानी।  
पानी की तेज़ धार बह  
निकली।  
बिजली की ज्वाला सी  
उजली।  
जगमग हुआ घर - बार  
हमारा।  
शिक्षा बढ़ी हुआ  
उजियारा।  
सर्दी गर्मी छू मंतर भागे।  
रोशन हुआ देश बढ़ा  
आगे।  
यंत्र हो, रेल हो या हो  
खेल।  
बिजली के उपयोग  
अनेक।

## वचन बदलो

तोता - तोते  
घोड़ा - घोड़े  
कौआ - कौए  
चूहा - चूहे



**MONTH - JANUARY (SESSION 2026-2027)**  
**BALVATIKA III (U.K.G.)**  
**THEME - FRUITS & VEGETABLES**



**ENGLISH**

**LISTENING**

Listen and describe the picture

**SPEAKING**

Rhyme-Fruits Power  
 Story-The Bee and the dove  
 Change the numbers

**READING**

Sentence Reading

**WRITING**

Make sentences, Do as directed, Comprehension, picture composition, Question and answer

**HINDI**

**LISTENING**

आ, इ और ई की मात्रा के वाक्य

**SPEAKING**

कविता : हरी हरी सब्जियाँ विलोम शब्द

**READING**

अभ्यास पुस्तिका से आ, इ, ई की मात्रा के वाक्यों का पठन

**WRITING**

चित्र पहचान, चित्र मिलाप, वाक्य पूरा करो (चित्र सहित व चित्र रहित), दो शब्द बनाओ (का - हा), अलग शब्द पर गोला लगाओ, श्रुतलेख, रंगों के नाम, फलों के नाम, सब्जियों के नाम, चित्र बनाओ, लयात्मक शब्द, वाक्य बनाओ

**MATHS**

**LISTENING**

Counting 1-99, Back counting: 50-1  
 Skip counting: by 5's and 10's  
 Table of 0, 1, 2, 3, 4

**SPEAKING**

Counting: 1-99, Back Counting: 50-1  
 Drilling of words: 0-20,  
 Skip counting by 5's  
 Table of 0, 1, 2, 3, 4

**READING**

Recognition of shape: Star, Number names

**WRITING**

counting 1-99, Back Counting: 50-1, what comes after (0-99), what comes before (1-50) write in words and figure (0-20), put the correct sign, sums of addition and subtraction double digit, skip counting by 5 and 10, cross tables 0, 1, 2, 3, 4, decreasing order (0-50), time

**EVS**

**LISTENING**

Ch. 30 - Water  
 Ch. 31 - Air

Experiential Learning

**ART & CRAFT**

Book Page No. 28, 29, 30

\* Republic day scene

Lohri Scene

## Physical & Motor Development

- \* Indoor brain Gym
- \* Indoor P.T.

## ENGLISH - RHYME

### Fruits Power

Lots of fruits,  
we must eat,  
less of chocolates  
and less of sweets,  
Fruits can make you  
strong, chocolates  
can make you sick  
along. Fruits give you  
energy to play, that  
will last  
you all the day.



## Change the Numbers

- 1.Plum- Plums
- 2.Book- Books
- 3.Table- Tables
- 4.Card-Cards
- 5.Tool- Tools



## Spiritual Development

### ऐ मालिक तेरे बंदे हम

ऐ मालिक तेरे बंदे हम,  
ऐसे हो हमारे करम।  
नेकी पर चलें और बदी से टर्लें,  
ताकि हँसते हुए निकले दम।  
ये अंधेरा घना छा रहा,  
तेरा इंसान घबरा रहा।  
हो रहा बेखबर,  
कुछ ना आता नजर,  
सुख का सूरज छुपा जा रहा।  
है तेरी रीशनी में वो दम,  
तो अमावस को कर दे पूनम।

### Activities

- \* Giggle games gala

### Competition

- \* Folk beats fiesta

### Celebrations

- \* Bon fire bliss
- \* Nation builders day



### Extended Activities at home

- \* Recognise and paste the pictures of different fruits and vegetables.
- \* parents will encourage their children to consume lots of seasonal fruits and vegetables.

### Talk About

- \* Discussion of green & leafy vegetables.
- \* Guidance of healthy nutrients getting on having plenty of fruits and vegetables.

## कविता

### \*हरी हरी सब्जियाँ\*

हरी सब्जियों ने एक दिन,  
आपस में होड़ लगाई।  
कौन है सबसे शक्तिशाली  
किसने है शान बढ़ाई,  
सबसे पहले हरी भरी  
पालक की आई बारी।  
बोली - मुझको जो खाएगा  
उसका आयरन बढ़ जाएगा,  
इसके बाद मटर ने भी  
अपना मुँह था खोला,  
बोला - जिसमें मैं डल  
जाऊँगा

उसका स्वाद बढ़ाऊँगा।  
गाजर ने जब सुनी आवाज  
दौड़ के आई सबके पास,  
मुझको जो भी खाएगा  
चश्मे को दूर भगाएगा।  
अंत में कड़वा करेला  
तीखे शोर में चिल्लाया,  
जिसने मुझको खाया  
बीमारी का मार भगाया।

## विलोम शब्द

कड़वा - मीठा  
इधर-उधर  
आगे -पीछे  
कठोर -कोमल  
खुशबू- बदबू

MONTH - FEBRUARY (SESSION 2026-2027)  
BALVATIKA III (U.K.G.)

**THEME - MEANS OF TRANSPORT**



**ENGLISH**

**LISTENING**

Picture Description

**SPEAKING**

- . Rhyme-Means of Transport
- . Conversation - My school
- . Opposites

**READING**

Paragraph Reading

**WRITING**

Comprehension, Picture composition, Do as directed from previous syllabus, make sentences, Questions and Answers

**HINDI**

**LISTENING**

आ, इ और ई की मात्रा के वाक्य

**SPEAKING**

कविता - सड़क सुरक्षा यातायात के साधन

**READING**

अपठित गद्यांश

**WRITING**

गद्यांश पिछले पाठ्यक्रम की दोहराई

**MATHS**

**LISTENING**

counting:1-99, Back counting: 50-1, Table of 0,1,2,3,4, skip counting by 10s

**SPEAKING**

Counting:1-99, Back Counting: 50-1, Drilling of numbers: 0-20, Table of 0,1,2,3,4,

**READING**

Revision of shapes: circle, semi-circle, Triangle, Square, Rectangle, Oval, Star

**WRITING**

Increasing order, Decreasing order, Revision of previous syllabus, Money,Shape-Star

**EVS**

**LISTENING**

Ch. 33 - Get Moving

Experiential Learning

**ART & CRAFT**

Basant Scene

\*\* No Plastic Scene

## Physical & Motor Development

- Jumping from 3 feet
- Flat Race (200 mtr.)

### ENGLISH - RHYME

#### Means of Transport

Cars and buses

move on the road,

Forklift and truck

move with the load

Trains on the track

chuk along with glee

Planes in the sky

Fly high and free

Boats on the water

Sail and float with ease

Bicycle and Scooters

ride with the cool breeze

we have so many ways

to travel and play.

Means of transport

help us, every day.



## Spiritual Development

### शक्ति मंत्र

या देवी सर्वभूतेषु  
शक्ति रूपेण संस्थिता।।  
नमस्तस्यै, नमस्तस्यै  
नमो नमः।।



### Activities

- \* Happy heart fiesta

### Competition

- \* हिंदी लेखन प्रतियोगिता



### Celebration

.Kindness carnival

.Spring blossom fest

### Extended Activities at Home

- Parents must follow the traffic rules and show them to the children.
- Take the children for a ride in any public transport.

## Talk About

- How do you come to school ?
- Name different modes of transport .
- Name some mean of land, water, air transport.

### कविता

### सड़क सुरक्षा

बच्चों सड़क पार जब करना,  
इतनी बात ध्यान में रखना।  
पहले अपने दाएँ देखो,  
फिर तुम अपने बाएँ देखो।  
फिर से देखो दाएँ- बाएँ,  
जब यह सड़क साफ दिख जाए।  
मोटर गाड़ी नजर ना आए,  
तभी संभल कर करना पार,  
कहलाओगे तुम होशियार।



### यातायात के साधन

कार  
बस  
जहाज  
नाव  
रेलगाड़ी  
ट्रक  
बैलगाड़ी  
साइकिल

## LEARNING OUTCOMES

- Our tiny tots of Balvatika are able to develop a sense of self awareness (in relation to the class, school and community).
- They are able to do their routine work independently and express themselves wherever needed.
- They become able to ask for the help and also help others whenever required.
- They are able to express their preference for the healthy food as well as other interests.
- They become able to join the letters and make words on the basis of their experiences of classroom.
- They are able to express the process of learning in their own words.
- They are able to transfer and adapt what they have learnt from one context to another.
- They become socially responsible and show respect for others.
- They become strong in the social and emotional well-being.
- They are able to relate their past experiences with the present situations and enact wisely in a better way.

## ✽ हमारा उद्देश्य ✽

“ऐसे आदर्श, चरित्रवान एवं देशभक्त नागरिक निर्माण करना जिनके मुखमण्डल पर आभा और प्रसन्नता, जीवन में तेजस्विता, व्यवहार में कुशलता, बुद्धि में कुशाग्रता तथा संस्कारों में भारतीय महापुरुषों के उच्चादर्श झलकते हों और जिन्हें देखते ही हमें अपने पूर्वजों की वीरतापूर्ण गाथाएँ याद आने लगें।”

### BRANCHES :

- Shishu Vatika (Cemetery Road), Branch of USN Tel. 0161-2449471
- Udham Singh Nagar Tel 0161-2302660
- Shishu Vatika (Kitchlu Nagar) Tel 0161-2303400
- Kitchlu Nagar Tel 0161-2301523
- Chandigarh Road Tel 0161-2609696
- Dugri (Phase-III) Tel 0161-2520734