

BHARTIYA VIDYA MANDIR SENIOR SECONDARY SCHOOL

SECTOR-39, CHANDIGARH ROAD, LUDHIANA

Affiliated to C.B.S.E. (vide no. 1631295)

ANNUAL SCHOOL REPORT 2024-2025

"Education is the most empowering force in the world. It creates knowledge, builds confidence and breaks down barriers for children. It is the key to open the door to reality".

INFRASTRUCTURE OF SCHOOL

Our school has well-maintained infrastructure in all aspects like well designed classrooms with latest designed Interactive panels, well equipped Chemistry, Physics, Biology, Composite, Mathematics, Computer, English Labs, and to provide the learners a strong scientific aptitude learning platform we have **AI/ROBOTICS Lab**.

BVM BALVATIKA - THE VIBRANT AND DYNAMIC KINDERGARTEN SECTION OF THE SCHOOL.

A child friendly, safe, purposefully built, well equipped with the latest technology yet saturated with affection and care, 100% aligned with the NCF under NEP 2020 successfully running under the warm guidance of trained Kindergarten faculty.

An optimal learning environment is crucial for effective education. Our mission is to create an environment where the students evolve as citizens fully equipped with the modern quality education and at the same level exhibiting the true Bhartiya Sanskaras through their behaviour.

ACADEMICS

Academic achievements reflect the diligence and skills to perform to the best of one's abilities. The sincere efforts of the students showcased their remarkable execution of hard work with laudable results in **CBSE Examination (2023-24)**.

BVM achieved a remarkable milestone with its second CBSE result, producing the **THIRD City Topper - YASHVI GUPTA** who secured 97.6% in the **Medical stream**. BVM Trust members visited her home to congratulate the scholar and wished her a bright future ahead.

In MEDICAL

YASHVI GUPTA got **FIRST POSITION** with **97.6%**

KASHISH OBEROI got **SECOND POSITION** with **90%**

ADITYA KUMAR got **THIRD POSITION** with **89%**

In COMMERCE

KOMAL SHARMA got **FIRST POSITION** with **95.4%**

NOORPREET SINGH got **SECOND POSITION** with **93.8%**

RISHABH got **THIRD POSITION** with **92.8%**

In HUMANITIES

RAHUL GUPTA got **FIRST POSITION** with **94%**

NIVEDITA got **SECOND POSITION** with **92.4%**

SALONI DHAMIJA got **THIRD POSITION** with **90.4%**

In NON-MEDICAL

SUHANI SALUJA got **FIRST POSITION** with **87.6%**

ANIKET SHARMA got **SECOND POSITION** with **86.8%**

MANYA SHARMA got **THIRD POSITION** with **86.4%**

In class XII out of 127 students appeared;

10 students secured above 90%

27 students scored above 80%

32 students secured above 70%

Our students got noteworthy accomplishments by showcasing their impressive intelligence and skills in the **NEET** and **JEE Mains** also.

IN NEET	
NAME OF STUDENT	Yashvi
PERCENTILE	95.6

IN JEE				
NAME OF STUDENT	Yashvi	Suhani	Parneet	Aditya Raj
PERCENTILE	95.6	88.07	80.82	73.73

In class X

RAMANAND got **FIRST POSITION** with **96.6%**

JASMEET SINGH got **SECOND POSITION** with **95.8%**

TANMAY KUMAR got **THIRD POSITION** with **95.4%**

In class X out of 115 students appeared;

11 students scored above 90%

32 students scored above 80%

34 students scored above 70%

Our management envisions our school working in alignment with NEP 2020. We have introduced skill subjects - Data Science, Coding, Artificial Intelligence, Information Technology from classes VI to VIII. For classes IX and X, Artificial Intelligence, Information Technology and Financial Marketing.

SPORTS

Some of the greatest lessons of life are not learnt inside the classroom but out in the playground and thus our school children zealously participated in all sports competitions organised and came out victorious in almost all of them adding jewels to the crown. Keeping up with records of the last years this year too. Sports events of the session 2024-2025 commenced with the **World Athletics Day** celebration.

- ★ **NITPREET SINGH** won **4th POSITION** in **CADET NATIONAL JUDO TOURNAMENT** and got selected to participate in **KHELO INDIA YOUTH GAMES 2023-24**.
- ★ **NITPREET SINGH (U-19 Boys)** the Judoka continued to dominate the judo arena by winning **BRONZE** in **68th NATIONAL SCHOOL GAMES (2024-2025)** organised by **SCHOOL GAMES FEDERATION OF INDIA (SGFI)** held at **GURU NANAK STADIUM, LUDHIANA**. A total of 27 judokas from different States of India participated in it.

- ★ **NITPREET SINGH (U-19 Boys)** the judoka continued to dominate the judo arena by winning **GOLD** in **STATE LEVEL JUDO COMPETITION** held at **JALANDHAR** and got selected for **NATIONAL JUDO CHAMPIONSHIP (U -19)**.
- ★ Our power packed **HARSHJOT SINGH** brought laurels to the school by winning **GOLD MEDAL** in the traditional war skill - **8TH OPEN NATIONAL LEVEL GATKA COMPETITION** organized by **GATKA FEDERATION OF INDIA**. In this prestigious National event, 26 states participated. He also won a **GOLD MEDAL** in **OPEN STATE LEVEL GATKA COMPETITION**.
- ★ Flaunting his skills in Martial Arts, **HARSHJOT SINGH** of **VII B** brought a proud moment for the school again by winning **GOLD MEDAL** in **STATE LEVEL GATKA COMPETITION** in **KHEDAN WATAN PUNJAB DIYA** held at **AMRITSAR SAHIB, PUNJAB** under **CATEGORY - TEAM (U-14 BOYS)**.
- ★ **SHNAYA SHARMA** made the school proud by winning **GOLD MEDAL** in **5th PTAKO OPEN ALL INDIA KARATE CHAMPIONSHIP**.
- ★ Continuing the series of wins **HARSHJOT SINGH** once again gleamed the name of the school by winning **GOLD MEDAL** in **GATKA** in **KHEDA WATAN PUNJAB DIYAN**.
- ★ **DAKSH SHARMA (U-14 BOYS)** a young kickboxer demonstrated his exceptional performance in **STATE LEVEL KICK BOXING COMPETITION** under **KHEDAN WATAN PUNJAB DIYAN** held at **SANGRUR WAR STADIUM** and brought commendation to school by winning **SILVER** with **CASH PRIZE** of **Rs. 7000/-**.
- ★ **NITPREET SINGH** won the **BRONZE MEDAL** in **JUDO TOURNAMENT STATE KHEDAN WATTAN PUNJAB DIYA**. He was awarded **Rs. 5000/-** cash prize by the **STATE GOVERNMENT**.
- ★ **ANGEL YADAV (U-14 GIRLS)** demonstrated her strength and techniques in **STATE LEVEL WRESTLING TOURNAMENT** under **KHEDAN WATAN PUNJAB DIYAN** held at **MANSA** and brought immense pride to school by winning **BRONZE** with **CASH PRIZE** of **Rs. 5000/-**.
- ★ Showcasing the embodiment of zeal, determination, and discipline, our young judoka **GAUTAM SHARMA (U-18, BOYS)** participated in **STATE LEVEL JUDO TOURNAMENT** under **KHEDAN WATAN PUNJAB DIYAN** held at **MANSA**, brought laurels to the school by clinching one **BRONZE** with **CASH PRIZE** of **Rs. 5000/-**.
- ★ **GAUTAM SHARMA** won **BRONZE MEDAL** in the **68th PUNJAB SCHOOL STATE JUDO CHAMPIONSHIPS**.
- ★ **JASKIRAT SINGH (66 KG)** showcased his exceptional talent and sportsmanship, clinched the **BRONZE MEDAL** at the **45TH SUB-JUNIOR (BOYS/GIRLS) STATE JUDO CHAMPIONSHIP**, held on **3rd and 4th January, 2025** in **ABOHAR**, organized by the **PUNJAB JUDO ASSOCIATION**.
- ★ As a result of the remarkable skills, and determination, our talented wrestlers truly gave their all in the arena in **SCHOOL DISTRICT LEVEL WRESTLING TOURNAMENT**

organized by **SCHOOL GAMES FEDERATION** and in **U-14 & U-17 Girls** won **2 GOLD, 2 SILVER MEDALS** and **U-14 & U-17 Boys** won **1 SILVER and 7 BRONZE MEDALS**. **MANASVINI DHADWAL and KAWALJEET** got selected for the **STATE LEVEL** on trial basis.

- ★ Our Judokas won **5 GOLD, 5 SILVER and 6 BRONZE MEDALS** in **SCHOOL DISTRICT LEVEL JUDO TOURNAMENT** organized by **PUNJAB SCHOOL EDUCATION BOARD**.
- ★ **KRIKA** won the **BRONZE MEDAL** in the **DISTRICT VOLLEYBALL TOURNAMENT** held at **GURU NANAK STADIUM**.
- ★ In the **SCHOOL DISTRICT KICKBOXING COMPETITION**, **U-14 BOYS** won **1 GOLD MEDAL**, held at **BVM UDHAM SINGH NAGAR** and **U-17 BOYS** won **1 SILVER MEDAL**, held at **GOVT. HIGH SCHOOL, DATEWAL**. **DAKSH SHARMA** was selected for **STATE LEVEL**.
- ★ **KHEDAN WATTAN PUNJAB DIYAN** brought a shower of medals in the events **JUDO TOURNAMENT** in categories **U-14, U-17 and U-21** of both boys and girls. Judo - at district level we grabbed **5 GOLD, 07 SILVER and 3 BRONZE MEDALS**. **AADITYA CHAUDHARY, JASKIRAT SINGH, GAUTAM SHARMA, DIPANSHU and NITPREET SINGH** were selected for **STATE LEVEL**.
- ★ In **KHEDAN WATTAN PUNJAB DIYAN**, **Freestyle Greeco and Roman Wrestling Tournament** our sports stars won **4 GOLD, 6 SILVER and 7 BRONZE MEDALS** in **U-14, U-17 and U-21** categories.
- ★ In **PUNJAB SCHOOL STATE JUDO TOURNAMENT**, **AMIT KUMAR** won **SILVER MEDAL** and **NITPREET SINGH** won **BRONZE MEDAL**.
- ★ **YOUNG KICKBOXERS** **Daksh Sharma and Manav Prabhakar** grabbed **1 GOLD & 1 BRONZE** in **DISTRICT LEVEL KICKBOXING TOURNAMENT** organised by **KHEDAN WATAN PUNJAB DIYAN**.
- ★ In the **ZONAL LEVEL BADMINTON TOURNAMENT (BOYS)** held at **DELHI WORLD PUBLIC SCHOOL, KHANPUR (U-17 BOYS)** won **3rd position**. **Paras** selected for **DISTRICT LEVEL**.
- ★ Our young wrestlers participated in the **ZONAL LEVEL WRESTLING TOURNAMENT** organised by **SCHOOL GAMES FEDERATION (SGFI)** in which **22 participants** got selected for the **DISTRICT LEVEL COMPETITION**.
- ★ Our Judokas won **2 TROPHIES, 11 GOLD, 3 SILVER and 2 BRONZE MEDALS** in **LSSC JUDO COMPETITION**.
- ★ **LSSC JUDO TOURNAMENT** was organised in the school in which **153 enthusiastic different reputed schools** participated with great mirth and verve. **SH. MAKHAN SINGH (SAHNEWAL SPORTS ZONAL SECRETARY, GOVT SENIOR SECONDARY SCHOOL FOR BOYS, SAHNEWAL)** and **SH. DALWINDER SINGH MINHAS (SAHNEWAL SPORTS ZONAL TREASURER)** were the **Chief Guest**.

- ★ With the initiative endeavours of **HEALTH AND WELLNESS CLUB, INTER-BRANCH BADMINTON TOURNAMENT** was organised. In total **32 enthusiastic students** of **BVM - KITCHLU NAGAR, UDHAM SINGH NAGAR, DUGRI and SECTOR-39 CHANDIGARH ROAD**, participated with great mirth and verve.

CO -CURRICULAR ACTIVITIES

"Reach high, for stars lie hidden in your soul.

Dream deep, for every dream leads the goal".

- **BHUMIKA VERMA** made a mark at **NATIONAL LEVEL** in **CBSE EXPRESSION SERIES**, under the **Ministry of Education**. She got selected among 16 students across the country in **Painting (6 to 8 Category)**, under **CBSE EXPRESSION SERIES** on the **Theme - "Disaster risk resilience & reduction : Role of Citizen"** on the topic '**Save Water in Daily Use**'.
- **IQRA SHAMSHAD**, talented Budding Author selected as one of the few **Winners** across India and awarded with a **MERITORIOUS CERTIFICATE** for her outstanding performance in the **CBSE BUDDING AUTHORS PROGRAMME 2023-24**, under the **Ministry of Education**. Being one of the winners she got an opportunity to participate and interact in the webinar hosted by **CBSE** exclusively for the winners to share their valuable experiences of story writing. Her story will be published by **CBSE** in **CBSE ACADEMIC WEBSITE**.
- Keeping the tradition of winning retreat, **BHUMIKA VERMA** brought commendation for the school by bagging **FIRST POSITION** out of **400 participations** in the **ONLINE ART COMPETITION** organised by **AAHELI** at **NATIONAL LEVEL**.
- A team of **5 innovators - Vishu Sandal, Bhavishya Makol, Ishan Sharma, Kawanpreet and Ramanand Rai** brought pride to the school by flaunting their entrepreneurship, innovative and professional skills in **4th Edition of YOUTH IDEATHON 2024**. Their **3 ideas** based on the theme '**iStartup a Good Thing for India**' got shortlisted for the next level.
- **BHUMIKA VERMA** once again unveiled her artistic prowess in **NAVCHETNA STATE LEVEL PAINTING COMPETITION, UDAAN-2024** Category- **A**, by painting her heart out on the canvas and got it selected as the **Best Painting**. She was awarded with a gift hamper and a certificate. A total number of **5000 students** from all over **Punjab** participated in the competition.
- **AADYA VERMA** secured **FIRST Position** in **On The Spot Story Writing Competition - Takshila Vagmita - ANTAR VIDYALAYA HINDI/PUNJABI SAHITYAK PRATIYOGITA-2024**, Category-**KATHA LEKHAN** held at **DELHI PUBLIC SCHOOL**.
- **KHUSHI** under **Category-B** and **ARSHNEET KAUR** under **Category-C** brought commendation for the school by winning **FIRST POSITIONS** in **INTER-SCHOOL**

COMPETITION BAL KAVI DARBAR held at **DARSHAN ACADEMY**. A total of **39** students of **15** different schools participated in it.

- **BHUMIKA VERMA (VIII)** showcased her artistic and creative skills in **Bal kalakaar Open Art Competition** organised by **AIESEC, Ludhiana** held at **Rose Garden** and made the school proud by grabbing **FIRST POSITION**. She won a **CYCLE** as first prize and was also awarded with a **TROPHY** and an **APPRECIATION CERTIFICATE**. A total of **300** students participated in it.
- A team of young artists - **KANISHKA MISHRA, CHARANPREET, ASUDA, KRITIKA VERMA, SARGUN** hit a win by securing **SECOND POSITION** through their innovative ideas in **TRIBAL JEWELLERY** On the spot **INTER-SCHOOL CONTEST** organized by **RYAN INTERNATIONAL SCHOOL, LUDHIANA**.
- Blooming innovators earned their spurs in the **TAKSHILA SCIENCE CARNIVAL** held at **DPS LUDHIANA**. Navya brought laurels to the school by winning **SECOND POSITION** in **ROLE PLAY**.
- **BHUMIKA VERMA** won **SECOND POSITION** in **Poster-Making Competition** in **TAKSHILA SCIENCE CARNIVAL**.
- **PRATEEK** and **ARSHNEET** won **SECOND POSITION** in the competition **TOYS FROM TRASH** in **TAKSHILA SCIENCE CARNIVAL**.
- **NITIN TIWARI** got **SECOND POSITION** in the **QUIZ CONTEST** and **ARSHNEET KAUR** got **THIRD POSITION** in **EXTEMPORE COMPETITION** organised by **PUNJAB REMOTE SENSING CENTRE, PAU LUDHIANA**.
- **ROHIT KALIA** won **THIRD POSITION** in **LSSC HINDI DECLAMATION COMPETITION** out of **28** renowned schools of the city.
- **ANSH SHARMA** won **THIRD POSITION** out of **25** participants in **INTER-SCHOOL VEDIC BHASHAN PRATIYOGITA** organised by **VED PRACHAR MANDAL**.
- An Ingenious youngsters' team (**RITWIK CHHABRA, LAGAN SHARMA** and **VANSHIKA SHARMA** from **XI Commerce**) rose to the occasion by getting **THIRD POSITION** in **LSSC ADVERTISEMENT COMPETITION** named **Market Masters : Elevate Your Brand Story** using their **AI** skills held at **BCM BASANT AVENUE**. A total of **22** Teams participated in it.
- **DIYA (VII)** galvanized the audience through her evocative classical dancing skills and brought glory to the school by winning the **THIRD POSITION** in **17TH INTER - DISTRICT MUSIC, DANCE AND ART COMPETITION** organised by **SATYUG DARSHAN SANGEET KALA KENDRA** held at **GURU NANAK KHALSA COLLEGE FOR WOMEN, MODEL TOWN, LUDHIANA**. Category - Solo Classical Dance. A total of **29** schools participated in it.
- **BHUMIKA VERMA** bagged the **FIRST CONSOLATION PRIZE** in **POT DESIGNING COMPETITION IN SCIENCE FEST 2024** organised by **Guru Nanak Public School**.

- **ARSHNEET KAUR** won **CONSOLATION PRIZE** and was awarded with **Rs. 500/- prize** in an **INTER SCHOOL SANSKRIT SHLOKA RECITATION COMPETITION** organised by **BCM SCHOOL**.
- **YOUNG ARTISTS** of our school showcased their artistic talent in the **ART AND CRAFT EXHIBITION CUM SALE** hosted by **RYAN INTERNATIONAL SCHOOL** and earned **Rs. 1300/-**
- Unleashing artistic skills through painting, **SHUBHAM** got selected at the **DISTRICT LEVEL PAINTING COMPETITION** organised by **PRERNA UTSAV**.
- **AADITYA CHOPRA** and **SAKSHI TIWARI** won **CBSE WILD WISDOM GLOBAL SCHOOL LEVEL CHALLENGE** organised by the **MINISTRY OF EDUCATION** and were selected for the **STATE LEVEL FINALE**.
- Our 380 students participated in **CBSE VEER GATHA INNOVATIVE INDIA**, under the Ministry of Education and **4 best entries** including **1 Essay and 3 Paintings** were submitted.
- Our students participated in **CBSE READING CHALLENGE 2024**, under the **MINISTRY OF EDUCATION** aiming to develop reading comprehension and critical thinking skills in students and to encourage a lifelong love of reading in the age of technology.
- **SHIKSHA SAPTAH** was celebrated with vibrant engaging activities from **July 22 to 28, 2024**, commemorating the **4th anniversary of the transformative National Education Policy (NEP) 2020**. Each day of the week was focussed on the specific theme, emphasizing different facets of education and development. Throughout the week, students participated in various educational and fun activities designed to inspire a love for learning and innovation.
- To explore the hidden acting and recitation skills among the students our school hosted the **HOL Mono-Acting Competition**.

OLYMPIADS

- ★ **AADYA VERMA** and **KANISHKA** won **First rank** in **10th International Humanity Olympiad** organised by the **Satguru Darshan Trust (Faridabad)**.
- ★ **REYANSH MAINI** and **AADYA VERMA** won **RANK 3 (STATE LEVEL)** in the **NATIONAL ROAD SAFETY OLYMPIAD 2024** held virtually. They were awarded with **BRONZE MEDALS** and **CERTIFICATES**.
- ★ Our 8 students grabbed **GOLD MEDALS** in **INTERNATIONAL MATHEMATICS OLYMPIAD**, 6 students won **GOLD MEDALS** in **NATIONAL SCIENCE OLYMPIAD** and 3 students won **GOLD MEDALS** in **INTERNATIONAL COMMERCE OLYMPIAD**.

STUDENTS' ENRICHMENT PROGRAMMES

To encourage new ideas and facilitate innovation, a number of enrichment programmes were organised for the students like :

1. Seminar on traffic rules and safety
2. Awareness Session on New Road Safety Rules as directed by Govt.
3. Awareness session against drug Abuse and drug de-addiction
4. Career Counselling session for class XII
5. Eccentric Careers of future
6. Special Guidance Session for Girls

In its efforts for the bright future of the students BVM SEC-39 organised a seminar on **"GUIDANCE ON STREAM SELECTION AFTER CLASS X"**. **MR. RAHAT MALHOTRA**, a specialist in the field of guidance and career counselling instructed very efficiently the ways to choose the best streams in coordination with the interest and goals of the students' plans for their future.

EXCURSIONS

An enriching **ONE DAY EDUCATIONAL TRIP** to the **New and Old Parliament Houses (Lok Sabha, Rajya Sabha)** and the India Gate was the first hand experience for the students and proved to be a unique learning experience as it integrated the practical exposure with theoretical knowledge to the students.

Students of **XI and XII Commerce** visited **Stock Exchange** and got relevant knowledge and familiarity about the financial market, capital market and online trading.

Community outreach programme

"We make a living by what we get but we make a life by what we give."

- Working hand in hand with district administration our students wholeheartedly participated in **CITY NEEDS DAAN UTSAV** by donating usable clothes, bedding, toys, grocery, etc.
- Under the mission **Swachh Bharat** launched by **PM Shri Narendra Modi** with the theme- **SWABHAV SWACHHATA-SANSKAR SWACHHATA**. The whole school was involved in this mission including parents. This was initiated with **Swachhata Pledge** followed by cleanliness drive, tree plantation, awareness rally and creating human-chain.
- By providing helping hands to the downtrodden, showcasing empathy, **WORLD FOOD DAY** was celebrated in the school and every child brought one tiffin extra that day to be distributed to the needy. Healthy nutritious food was shared with the children of slum areas.

- An Awareness Rally by the students to promote the use of paper bags for a sustainable lifestyle for saving the environment with the motto '**Say No To Plastic, Use Paper Bags**' was organised.
- **BVMITES** attended **WORKSHOP under YUG a DISTRICT ADMINISTRATION PROJECT**. The trainers discussed the basic techniques to the students : how to become campus reporters, how to collect funds for social welfare, how to take interviews and how to serve the society in a better way etc.
- To educate parents and the people of vicinity on the importance of voting and the impact their vote can have, our school took an initiative by distributing the pamphlets of **Voters' Pledge** to them. They were made aware about their voting rights .
- A magic show was organized in aid of the **Red Cross Society of India** . We sensitize students to donate wholeheartedly to welfare organizations that play an important role in helping people in times of national calamities and epidemics.
- To spread awareness of the global effort to control, fight and ultimately eradicate malaria. **Nukkar Natak** was staged by the students.

NCC

- To foster self discipline NCC for girls has been introduced since 2019 and NCC cadets actively participate in social service activities. We have started NCC for boys also from the last year.
- The **NCC cadets(Boys Wing)** exhibited remarkable enthusiasm at the NCC camp held at **CT University, Ludhiana** from 18 September 2024 to 27 September 2024.
- The **NCC cadets(Girls Wing)** displayed remarkable talent and determination at the NCC camp held at **GHG Khalsa College, Gurusar Sadhar**, from 2nd July 2024 to 11th July 2024 .
- Imbibing leadership skills in students investiture ceremony was held at school campus.
- To acquaint the students with the importance of all historic, National days, festivals, culture, different kinds of activities were held throughout the year.
- The day that recognizes the essence of a mother was celebrated with high spirits and merriment, the Balvatika had a special celebration on **MOTHER'S DAY** to show the love and respect to their mothers. The day was specially dedicated to all the mothers who play a divine role in the lives of the children. It was a moment of elation to see the happiness ushering on the faces of all the mothers .
- Parents are our co partners in the educational journey of students. A series of **Guidance and Counselling Sessions** were organised in the school according to the age group and classes of the students where we apprised them with the rules and regulations of the school ,guidelines of Safe Vahan Scheme for smooth transportation of students and discuss specific age related problems and behavioural issues of the students in heart to heart talk with the parents.
- We at BVM consider Health and Physical Education as the utmost priority.

- A Dental Check-Up camp was organised in the School. CHRISTIAN DENTAL COLLEGE carried out a **COMPREHENSIVE DENTAL CHECK-UP** for the students. Students were guided and counselled about eating patterns and food choices.
- Keeping in mind the optical health care of the students an **EYE CHECK CAMP** was organised by **HEALTH & WELLNESS CLUB** for the students.
- **Health and Wellness Week** was observed with an aim to raise awareness to highlight the significance of good health and well-being. **Ms. Paramjeet (Staff Nurse)** delivered a lecture on 'Health' to make the students aware about the importance of healthy eating habits, adequate rest and personal hygiene.
- To empower the **GIRL STUDENTS, SELF DEFENCE TECHNIQUES** were taught to the girls of classes VII to XII by expert **KARATE SELF DEFENCE COACH**.
- Parents also got benefited from **HEALTH CHECK-UP CONDUCTED BY DMC CARDIAC DEPARTMENT** on the day of PTM.

TEACHERS' ACHIEVEMENTS

We are pleased to announce the outstanding accomplishments of our educators. **Ms. Babita (PRT)** got selected for **National Dr. Radhakrishnan Teachers' Award 2024** and was honoured with the award in Hyderabad on 3rd November, 2024.

Our sports teacher **Mr. Deepak** also won **Gold medal** gloriously in **Kheda Wattan Punjab Diyan Volleyball Tournament** and was selected for the **State Level**.

As a part of sportsmanship, and showing his expertise skills, **Mr. DEEPAK (PTI)** ingloriously shone his name in **Kheda Wattan Punjab Diyan** at **State Level VOLLEYBALL TOURNAMENT** held at Sports College, Jalandhar by securing **1st position**, out of total 23 teams, was awarded with **GOLD MEDAL** and **Rs.10,000/- CASH PRIZE**.

TEACHERS' MENTAL AND PHYSICAL WELL BEING

Teachers are a significant asset to an educational institution, and their role in expanding students' horizons cannot be overstated. They bring glory to the school through their tireless efforts, dedication, and passion for imparting knowledge.

A teacher's influence extends far beyond the classroom, shaping young minds and inspiring them to explore new ideas, perspectives, and possibilities.

To ensure teachers' optimal performance and students' achievement, prioritizing mental and physical well-being is essential. Initiatives like :

1. Meditation sessions
2. Stress management workshops
3. Yoga and Laughter session
4. Sports activities foster resilience, and improve the overall well being of teachers were organised to break their monotony. In the House wise competition '**Bhagat Singh House**' was awarded with the Running Trophy.

To keep up the process of continuous upgradation of knowledge and integrated skills our facilitators, respected teachers attended several trainings and various subject specific webinars were attended by the educators.

LSSC Trainings (Offline)

S.No.	Date	Topic	Teacher Name	No. of Hours
1	27-07-2024	LEARNING OBJECTIVES VS LEARNING OUTCOMES	MS. MAMTA KAPOOR MS. NEETU	6
2	31-08-2024	ENGAGING LITTLE MINDS-ENHANCING ACTIVE AND ACTIVITY BASED LEARNING	MS. SATINDER MR. SUPREET	6
3	07-09-2024	COGNITIVE BANDWIDTH	MS. RANJIT MS. INDU BALA	6
4	21-09-2024	ENGLISH TEACHING IN PRIMARY	MS. PRIYA MS. ANITA	6

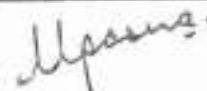
In-School Trainings (Offline) for teachers

S.No.	Date	Topic	No. of Hours
1	29-04-2024	FINANCIAL LITERACY & NUMERATION	6
2	28-05-2024	NCF-NATIONAL CURRICULUM FRAMEWORK	2
3	06-09-2024	YOG SESSION	1
4	13-09-2024	STOP COMPLAINING - START EMPOWERING	2

COE Trainings (Offline)

S.No.	Date	Topic	Teacher Name	No. of Hours
1	12-04-2024	LEARNING OUTCOMES & PEDAGOGIES	MS. TANIKA MS. MAMTA NARANG	6
2	20-04-2024	ART INTEGRATION (PRP)	MS. MEENA GUPTA	6
3	26-04-2024 27-04-2024	CRITICAL & CREATIVE THINKING	MS. DOLLY MS. MAMTA RUPRAI MS. PURNIMA DHADWAL	12
4	09-05-2024 10-05-2024	SOCIAL SCIENCE SECONDARY CLASSES	MS. MINI MS. SHIKHA	12
5	17-05-2024 18-05-2024	COMPETENCY BASED ASSESSMENT SECONDARY LEVEL (PRP)	MS. MAMTA KAPOOR MS. NEETU DOGRA MR. SAHIL ARORA	12
6	25-05-2024	NATIONAL CURRICULUM FRAMEWORK : FOUNDATION STAGE (PRP)	MS. KAMINI MS. MEENU	6
7	30-05-2024 31-05-2024	INDUCTION TRAINING PROGRAMME (GURU DAKSHTA)	MS. ARVINDER MS. SHEETAL	12
8	24-07-2024	STORYTELLING AS PEDAGOGY	MS. BABITA MS. PRIYA	6
9	27-07-2024	LEARNING OUTCOMES & PEDAGOGIES	MS. BINDU MS. HARPREET	6
10	31-07-2024	USE OF ARTIFICIAL INTELLIGENCE IN CLASSROOMS	MS. SARU JASWAL MS. PURNIMA DHADWAL	6
11	31-08-2024	EDUCATING PARENTS ABOUT EDUCATION	MS. UPASNA MODGIL MS. ARVINDER	6
12	03-09-2024 04-09-2024	COMPETENCY BASED ASSESSMENT - ENGLISH (SECONDARY LEVEL)	MS. MAMTA KAPOOR MS. RENU	12

13	10-09-2024 11-09-2024	SCIENCE - SECONDARY CLASSES	MS. RIMJIM MS. RICHA	12
14	27-09-2024 28-09-2024	INCLUSIVE EDUCATION	MS. AMARDEEP MS. GEETIKA	12
15	27-09-2024 28-09-2024	ECONOMICS (SENIOR SECONDARY CLASSES)	MS. MONIKA GUPTA	12
16	04-10-2024 05-10-2024	SCIENCE (SECONDARY CLASSES)	MS. TANIKA MS. RAJINDER	12
17	05-10-2024	CYBER SAFETY AND SECURITY	MS. POOJA MOLRI	6
18	10-10-2024 11-10-2024	POLITICAL SCIENCE	MS. ANKITA	12
19	07-11-2024 08-11-2024	ACCOUNTANCY	MR. SAHIL MAHAJAN	12
20	28-11-2024 29-11-2024	JOYFUL MATHEMATICS	MR. MOHIT MS. SONIA	12
21	29-11-2024 30-11-2024	ETHICS AND INTEGRITY	MS. ANUPMA MR. VINOD	12
22	26-12-2024 27-12-2024	COMPETENCY BASED ASSESSMENT (SECONDARY LEVEL SOCIAL SCIENCE)	MS. MAMTA NARANG	12
23	07-02-2025 08-02-2025	BUSINESS STUDIES SENIOR SECONDARY LEVEL)	MS. MAMTA RUPRAI	12
24	14-02-2025 15-02-2025	SCHOOL HEALTH AND WELLNESS	MR. SANJEEV MR. DEEPAK MS. KIRANDEEP	12
25	22-02-2025	LEARNING OUTCOMES AND PEDAGOGIES	MS. VEENU MS. AVNEET MS. POOJA SHARMA	6

Principal 
 Bhartiya Vidya Mandir Sr. Sec. School
 Sec-39, Chandigarh Road, Luchiana.
 Affiliated to CBSE (123456)

Outside School Trainings

S.No.	Date	Topic	Teacher Name	No. of Hours
1.	22-08-2024	TOURISM	MS. RAJINDER MS. RENU	6

Two days' Capacity Building Programme for teachers of Business Studies was also hosted by our school. The programme featured resource persons **Ms. Neeraj Anand and Ms. Anita** from Bathinda. Twenty-eight teachers from esteemed schools across the region participated in the workshop, which aimed to enhance their pedagogical skills and update them for the latest developments in the field. The sessions focussed on recent syllabus changes, question paper setting, teaching pedagogies, question paper design, and project work.

Dear parents, ours is the only management which has courageously stepped forward to curb the menace of tuitions from society. This revolutionary step would help our children grow self Reliant.

Many milestones have yet to be achieved, ceaseless endeavours will continue forever.

I humbly thank our supportive management with whose ideology and constant support the School has come so far. I extend heartfelt thanks to the dear parents for reposing their unparalleled trust in us which propels us to march forward with greater commitment and enthusiasm.

Principal 
 Bhartiya Vidya Prakashan, Exo School
 Sec-39, Chhina, Ludhiana
 Affiliated to CBSE (103/100)